



# QT Fitness Flooring Rolls Abbreviated Installation Instructions

Revised 17May2021 Supersedes all previous versions.

These installation instructions are *abbreviated and supplemental to the Technical Manual and do not supersede the Technical manual*. Please also refer to the complete Technical Manual found at [www.qtsoundcontrol.com](http://www.qtsoundcontrol.com)

## A. Get the space ready

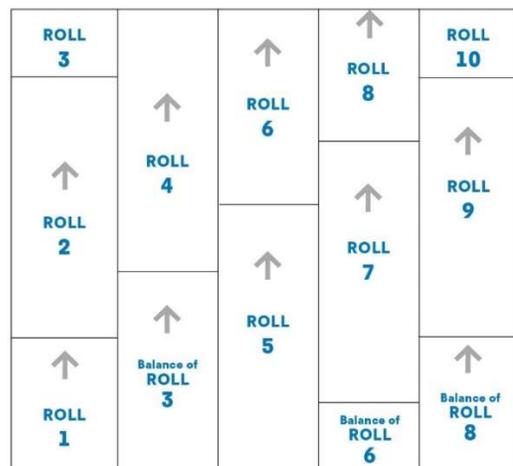
1. Make sure the heat and AC are on and working where the floor is to be installed.
2. Set temperature at 65F and keep it there before, during, and 48 hours after the installation.
3. Make space for your new floor in the installation area so you have room to store it when it arrives. It (and the glue) must be stored in the conditioned space for 48 hours before you start installing.
4. You can glue your flooring to concrete or wood that is clean and in good shape so prepare it ahead of time.
5. Remove any loose concrete and patch holes and cracks in concrete or wood before installing floor. Install patch per manufacturer's instructions. Henry 549 FeatherFinish patch works well. Let patching materials dry thoroughly or the floor adhesive may not stick to the patched areas.
6. Buy yourself a 1/16" square notch trowel to trowel out the adhesive. The trowel notch is sized to leave the correct amount of adhesive behind when you scrape the trowel across the concrete or wood and pull the glue across with the trowel.
7. Get mineral spirits, latex gloves, safety glasses, knee pads, rags, razer knife and extra blades, metal straight edge, drywall square, chalk line, painter's tape, and help to move the rolls.

## B. When your floor arrives

1. Look the rolls and cans of adhesive over for obvious shipping damage and refuse shipment or note issues on the shipping Bill of Lading before signing for material.
2. Get the flooring inside and store the rolls laying down on a clean, dry, smooth surface. Install within 30 days

## C. Start the installation

1. Remember, put your new flooring and adhesive in the heated / air-conditioned area for at least 48 hours before starting installation!
2. Set temperature at 65F and keep it there before, during, and 48 hours after the installation.
3. Rolls are labeled with roll sequence numbers. Unroll the rolls and allow them to relax overnight.
4. Take this opportunity before you begin your installation to inspect the flooring for the correct color and quantity.
5. Remember, you need to install in roll number order and in the same direction to minimize shading variation.
6. Note the "This Side Down" stamp at the beginning of each roll.
7. Rough cut the rolls at the required length PLUS an additional 3-6 inches at walls and end seam overlaps.
8. Be careful – if you cut a roll, the rest of that roll must be installed in the same direction and same sequence to avoid shading.



9. Important: The first seam away from the wall must be perfectly straight. Assume that the starting wall is not straight and

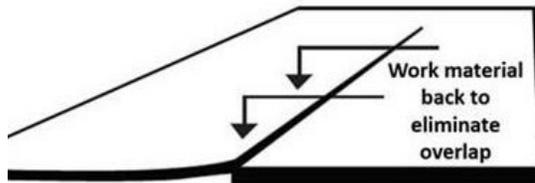
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that you will need to cut the roll's edge to fit it against the wall's irregularities. Measure off that wall at 2 points and snap a chalk line where the first long seam in the room will be located.

10. Align first roll edge to chalk line.
11. Position second roll -with no more than a 1/8" overlap over the first roll at the seam. Work material back until it "drops down" to eliminate overlap for tight seams.



12. Do not over-compress the seam or it may push up and stay that way when the adhesive sets up.
13. If a roll does not reach across the room, you'll also need to use some or all of another roll. If one of the rolls is wider than the other, trim the width of the wider one to be the same as the more narrow roll to end up with a straight seam line.
14. Use a drywall square and trim and square rolls where the short/ end seams at the end of each roll meet.
15. Trim rolls at walls.
16. Repeat for each roll of the rolls that will be installed that day.
17. Be careful: Do not fit- trim more rolls than will be installed that day.

## D. Glue down the floor

1. **NOTE: Use latex gloves Do not allow E-Grip III to cure on your hands. Cured adhesive is very difficult to remove.**
2. If adhesive gets on top side of the floor, immediately wipe it off with a rag slightly dampened with denatured alcohol, followed with a rag dampened with water to remove the denatured alcohol.
3. **NOTE: Use denatured alcohol sparingly. Saturating floor with denatured alcohol may darken the flooring and cause the adhesive to be pushed too deeply into the pores of the rubber.**

4. Open the E-Grip III adhesive. **DO NOT mix or add anything to the E-Grip III.** Use it right out of the pail.
5. Apply E-Grip III to subfloor with a 1/16" square-notched trowel. Scrape trowel across subfloor at a 45° angle to apply the correct amount of glue.
6. Fold the first roll against the wall back lengthwise (half the width of the roll).
7. Spread adhesive using the 1/16" square-notched trowel. Do not spread more adhesive than can be covered by flooring and rolled within 30 minutes.
8. Don't leave adhesive "puddles". You can see them through the material.
9. Slowly lay roll half back into wet adhesive so no air bubbles are trapped under floor.
10. Immediately roll the floor with a 100 lb. roller so glue sticks to both subfloor and rubber. Overlap each roller pass by 50% and roll width first and then length. Roll again after 30 minutes.
11. Fold over the second half of first roll and the first half of second roll. Spread adhesive and carefully lay floor into wet adhesive. Roll flooring.
12. It may be necessary to weigh down seams until adhesive develops firm set.
13. Continue process for each consecutive drop, always folding material back into the wet adhesive.
14. Hold gaped seams together temporarily with blue painter's tape. **Tape MUST be removed after adhesive has developed a firm set (≈ 2 hrs.) or it will leave marks that will not come out!**
15. NO foot traffic for 24 hours; NO heavy loads for 72 hours or you may see permanent indentations in the uncured adhesive.

Manufactured in the U.S.A. by:

**ecore**

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